



PREPARE YOUR STAY 2019

➤ Key steps

- 1 Make an **appointment** with a hydrotherapy doctor for your arrival medical consultation on the 1st day of treatment (see list below).

Choose thermal doctor from list below and contact

Secretary +33 (0)9 73 03 26 90 ( )

or email to contact.avenecenter@pierre-fabre.com ()

Dr Pavlina DULGUEROVA     (present from 25/03 to 02/11/2019)
Dermatologist and Venereologist

Dr Claire MARTINCIC   (present from 25/03 to 02/11/2019)
General practitioner

Dr Alexis PALLIEZ   (present from 25/03 to 02/11/2019)
General practitioner

Dr Diana PLACINTESCU    (present July and August 2019)
Dermatologist and Venereologist

Languages spoken by the doctor::  French  English  Romanian  Russian  Bulgarian

Choosing my hydrotherapy doctor and the dates of my stay

- ⇒ The dates of treatment only depend on your medical appointment.
- ⇒ Choosing your hydrotherapy doctor is a personal decision. All doctors listed above are able to take care of all pathologies. Medical record mandatory for new patients.
- ⇒ Doctors' offices are located at the « Résidence Val d'Orb » for consultations.
- ⇒ **Medical Information concerning patient's condition must be provided to the doctor before arrival (letter from local doctor, summary of medical record, photos...).**

- 2 Book **accommodation** for your stay:
- Onsite: Avene Hotel or Residence Val d'Orb
 - Other: contact Avene Tourist office (see [Accommodation Guide](#))



- 3 Complete **treatment registration** form online
www.avenecenter.com/en **BOOK MY CURE** and confirm with downpayment.

YOUR TREATMENT IN AVÈNE 2019

Arrival Medical Consultation

During that consultation on your first day of treatment, the hydrotherapy doctor will write a **prescription** for your personalized hydrotherapy treatment programme. You need to provide all information related to your medical condition (letter from your referring doctor, analysis, list of your medications ...).

Medical consultation fees

You have to pay directly to the hydrotherapy doctor during arrival consultation (*). These fees include arrival and departure consultations, medical surveillance and eventually filiform shower sessions costs.

- Check with the secretary for accepted payment methods (NO cash dispenser in Avène).

First treatment session after medical consultation

After medical consultation with your hydrotherapy doctor, you may come directly to Avène Hydrotherapy Center's reception with your treatment prescription for admission.

Treatment schedules

They are arranged with you on the day of your arrival at the reception of the Hydrotherapy Center according to the doctor's prescription.

A planning is given to you for the entire stay and it is important to respect it.

Treatment sessions will take place every day (including holidays) except on Sunday.

Patient's dress-code

- For all patients, a **bathrobe** and towel will be loaned every day before entering the treatment area (Additional bathrobe: 20€/week).
- For hygiene purpose, we will provide **flip-flops**, which should be worn exclusively in the Treatment area (included in the package). (Extra flip-flops at the Boutique, size from 16 to 46 - 10€).
- Adults' baths and showers are in individual cabins. Wearing a **swimsuit** is at your discretion. It may be necessary in case of underwater massage or filiform shower sessions depending on your medical prescription.

Accompanying patients under 12 years old

For **patients under 12 years old**, it is mandatory to have an **accompanying adult** during treatment sessions. **Only one person allowed**. This person will need to wear a bathrobe for **hygiene purpose**, as well as **flip-flops**, to be worn exclusively in the treatment area.

Loan of the bathrobe for 3 weeks + flip-flops included in the treatment package.

Other accompaniment: please contact us.

Payment and invoice

- Payment is required **on arrival**, based upon quotation from your medical prescription. Final invoice will be calculated and paid on your last day.
- We accept payment by cash or credit card (MasterCard, Visa, American express).

(*) Except for Sensicure

Les Thermes d'Avène
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www.avenecenter.com