

PREPARE YOUR STAY 2018

Key steps

- 1 Make an appointment with a hydrotherapy doctor for arrival medical consultation on the 1st day of treatment (see list below).
- 2 Book accommodation for your stay (See guide).
- 3 Complete and return treatment booking form online www.avenecenter.com/en, "Book my cure".



Avène Hydrotherapy doctors

Secretary +33 (0)9 73 03 26 90 (🇫🇷)
or contact.avenecenter@pierre-fabre.com (🇬🇧)

Dr Sabine COSTARD PETIT
Dermatologist and Venereologist



(present from 26/03 to 30/06
and from 20/08 to 03/11/18)

Collaborator:

Dr Diana PLACINTESCU
Dermatologist and Venereologist



(present from 02/07 to 18/08/18)

Dr Claire MARTINCIC
General practitioner



(present from 26/03 to 03/11/18)

Dr Alexis PALLIEZ
General practitioner



(present from 26/03 to 03/11/18)

Languages spoken by the doctor::  French  English  Romanian

Choosing my hydrotherapy doctor and the dates of my stay

- ⇒ The dates of treatment only depend on your medical appointment.
- ⇒ Choosing your hydrotherapy doctor is a personal decision. All doctors listed above are able to take care of all pathologies. Medical record mandatory for new patients.
- ⇒ Doctors' offices are located at the « Résidence Val d'Orb » for consultations.



YOUR TREATMENT IN 2018

Treatment starts on the 1st day, after consultation with thermal doctor.

During that consultation, the doctor will chart prescription for your personalized hydrotherapy treatment programme.

You can provide all documents related to your medical condition (letter from your referring doctor, analysis, list of your medications ...).

Medical consultation fees are paid directly to the hydrotherapy doctor (*)

They include consultations, medical monitoring and filiform shower sessions costs.

Payment by cash only (no cash dispenser in Avène).

After this consultation, you may come directly to the Centre's reception with your treatment prescription to start your first treatment sessions.

Treatment schedule

Will be programmed at the Center on arrival, according to the doctor's prescription.

Treatment sessions will take place every day (including holidays) except on Sunday.

Dress-code

- For all patients, a bathrobe will be loaned every day before entering the treatment area. Additional bathrobe: 20€ / week.
- For hygiene purposes, we will provide flip-flops, which should be worn exclusively in the Treatment area, included in the package.
(Extra flip-flops at the Boutique, size from 16 to 46 (10€))
- For your comfort, we propose swimming cap (7€) and towel for rent (5€ / week), which is strongly recommended for scalp treatment and local spray treatment.
- Adults' baths and showers are in individual cabins. Wearing a swimsuit is at your discretion.

Accompanying patients under 12 years old

For **patients under 12 years old**, it is mandatory to have an **accompanying adult** during treatment sessions. **Only one person allowed**. This person will need to wear a bathrobe for hygiene purposes, as well as flip-flops, to be worn exclusively in the treatment area. Loan of the bathrobe for 3 weeks + flip-flops included in the treatment package.

Other accompaniment: please contact us.

(*) Except for Sensicure